

HOW TO DEAL WITH ACCIDENTS AND SEIZURES

The aim of first aid operations is to take care of emergency first aid measures until professional help arrives at the scene. The main tasks include:

- ensuring breathing and heart function
- stopping of heavy and severe bleeding
- administration of breathing and pressure resuscitation
- preventing shock mode
- preventing worsening of the patient's condition.

THE MAIN MEASURES IN THE INITIAL SITUATION

1. Assess the situation

- What has happened
- Number of people to be helped and need for help
- Number of helpers
- Available equipment
- the urgency and need for assistance

2. Save

- Approach a dangerous target with caution
- Rescue those in danger first
- Move the patient to the nearest safe place
- Do not endanger your own life or others

3. Prevent further accidents

- determine the risk of further accidents (voltages, levels)

4. Provide first aid

- Start emergency first aid immediately and continue until professional help arrives (liitteenä ensiapuohje)
- Treatment of other injuries only after first aid

5. Make an emergency call

- Make an emergency call for additional help
- **THE EMERGENCY NUMBER: 112**
- Consider the timing of the emergency call on a case-by-case basis

MEDICAL SERVICES AND COUNSELLING

Emergency on call 24/7 (Päivystysapu) phone **116117** provides guidance and advice on urgent non-emergency health issues.